

# Healing and Transformation in Small Groups

Saturday, October 5, 2013

9 AM to 3:30 PM

Registration, coffee and light snacks starting at 8:30

Hosted by the Unitarian Church of Montpelier

130 Main Street, Montpelier, VT 05602

Rev. Dr. M'ellen Kennedy, Leader

**WORKSHOP PURPOSE:** In the past decade many congregations have adopted Small Group Ministry (or Covenant Groups) to address the needs of friendship, spiritual growth and service in our congregations. The focus of our day will be exploring the question, "What leads to healing and transformation in small groups?" We'll cover topics such as inviting epiphanies; what is spiritual growth and what nurtures it; cultivating respect; creating a compassionate group environment; developing your presence as a facilitator; using all of our capacities as facilitators – heart and mind, left and right hemispheres. The workshop will help you enjoy facilitating more and make the group experience as transformational and vitalizing as possible for yourself and the other participants. We'll end with how to bring this powerful work back to our congregations and out into our aching, broken world.

**WHO SHOULD ATTEND:** The workshop is intended for folks who would like an introduction to Small Group Ministry as well as those who are experienced facilitators who are eager to take the group experience to a higher level. It works very well to have in the mix new and more experienced members together.

**LEADER:** Rev. Dr. M'ellen Kennedy is passionate about the power of Small Groups to feed our souls and help heal our ills. Her doctoral dissertation at the University of Illinois was on worldview transformation in small groups. She has been involved with lay led small groups for over 30 years as a facilitator, trainer, organizer, researcher and writer. Participants love her workshop and come away with fresh perspectives on the power of small groups and with renewed enthusiasm about their work as facilitators. Rev. Kennedy is a co-founder of the UU Small Group Ministry Network, and started and served for four years as editor of the Small Group Ministry Quarterly. She lives in Vermont where she serves two historically Universalist congregations in Washington and St. Johnsbury.

**Fee, Registration & Lunch:** The workshop fee, which includes an information packet, is \$150 per congregation (regardless of how many folks attend) or \$40 for one person. \$25 for seminarians. Please bring a sack lunch or potluck dish to share. Please register by October 2, 2013. The registration form is attached or downloadable at [www.smallgroupministry.net](http://www.smallgroupministry.net).

**REGISTRATION FORM FOR  
Healing and Transformation in Small Groups**

**Saturday, October 5, 2013**

**8:30 AM to 3:30 PM**

**Registration, coffee and light breakfast starting at 8:30, workshop at 9**

**Rev. Dr. M'ellen Kennedy, Leader**

NAME \_\_\_\_\_

MAIL ADDRESS  
\_\_\_\_\_  
\_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_

CONGREGATION / SEMINARY/CITY  
\_\_\_\_\_

NUMBER OF YEARS YOU'VE BEEN FACILITATING \_\_\_\_\_

WHAT, IF ANY, PRESSING QUESTION, ISSUE, OR IDEA DO YOU BRING?

PLEASE NOTE SPECIAL NEEDS:  
\_\_\_\_\_

*Please fill out a separate registration form for each participant*

FEE: The workshop fee, which includes an information packet, is \$150 per congregation (regardless of how many folks attend) or \$40 for one person. \$25 for seminarians. Please bring a sack lunch or potluck dish to share. Please register by October 2, 2013. Make checks payable to "Rev. M'ellen Kennedy", with "SGM Workshop" in the memo line.

QUESTIONS? Contact Rev. M'ellen Kennedy at [mellenken@aol.com](mailto:mellenken@aol.com) or 802-453-5469.

TOTAL enclosed: \_\_\_\_\_ for \_\_\_\_\_ participants.

Mail To: Rev. M'ellen Kennedy, 1655 Lincoln Gap Road, Lincoln, VT 05443