

# Healing and Transformation in Small Groups

Saturday, November 2, 2013

9 AM to 4 PM

Registration, coffee and light snacks starting at 8:30

Hosted by the Unitarian Church of Nashua

58 Lowell St., Nashua, NH 03064

Rev. Dr. M'ellen Kennedy, Leader

**WORKSHOP PURPOSE:** In the past decade many congregations have adopted Small Group Ministry (or Covenant Groups) to address the needs of friendship, spiritual growth and service in our congregations. The focus of our day will be exploring the question, "What leads to healing and transformation in small groups?" We'll cover topics such as inviting epiphanies; what is spiritual growth and what nurtures it; cultivating respect; creating a compassionate group environment; developing your presence as a facilitator; using all of our capacities as facilitators – heart and mind, left and right hemispheres. The workshop will help You enjoy facilitating more and make the group experience as transformational and vitalizing as possible for Yourself and the other participants. We'll end with how to bring this powerful work back to our congregations and out into our aching, broken world. If You have attended programs with Rev Kennedy in the past, this workshop has new material and focuses on the big picture of why and how this approach works and matters.

**WHO SHOULD ATTEND:** The workshop is intended for folks who would like an introduction to Small Group Ministry as well as those who are experienced facilitators who are eager to take the group experience to a higher level. It works very well to have in the mix new and more experienced members together.

**LEADER:** Rev. Dr. M'ellen Kennedy is passionate about the power of Small Groups to feed our souls and help heal our ills. Her doctoral dissertation at the University of Illinois was on worldview transformation in small groups. She has been involved with lay led small groups for over 30 years as a facilitator, trainer, organizer, researcher and writer. Participants love her workshop and come away with fresh perspectives on the power of small groups and with renewed enthusiasm about their work as facilitators. Rev. Kennedy is a co-founder of the UU Small Group Ministry Network, and started and served for four years as editor of the Small Group Ministry Quarterly. She lives in Vermont where she serves two historically Universalist congregations in Washington and St. Johnsbury.

**Fee, Registration& Lunch:** The workshop fee, which includes an information packet for each participant, is \$150 per congregation (regardless of how many folks attend), \$25 for seminarians. Each congregation will bring potluck dishes to share. You'll be contacted by a member of the Nashua church who is organizing the potluck. Please register by October 30, 2013. The registration form is attached or downloadable at [www.nned.uua.org](http://www.nned.uua.org).

**REGISTRATION FORM FOR**  
**Healing and Transformation in Small Groups**  
**Saturday, November 2, 2013**  
**9 AM to 4 PM**  
**Hosted by the Unitarian Church of Nashua**  
**Registration, coffee and light breakfast starting at 8:30, workshop at 9**  
**Rev. Dr. M'ellen Kennedy, Leader**

NAME of CONGREGATIONAL CONTACT PERSON \_\_\_\_\_

MAIL ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_

CONGREGATION / SEMINARY/CITY \_\_\_\_\_

Please feel free to bring materials on your congregation's Small Group Ministry Program

What, if any, are your pressing questions or, needs? \_\_\_\_\_

NAMES OF INDIVIDUALS FROM YOUR CONGREGATION	New or Experienced Facilitator?
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____

(No limit to number of folks from your congregation. Use another sheet if necessary).

PLEASE NOTE SPECIAL NEEDS: \_\_\_\_\_

**FEE:** The workshop fee, which includes an information packet, is \$150 per congregation (regardless of how many folks attend). \$25 for seminarians (scholarships available). Please bring a potluck dish to share. Please register by October 30, 2013. You will receive an invoice from the Northern New England District for your congregation, so send no fee with your registration.

**QUESTIONS?** Contact Rev. M'ellen Kennedy at [mellenken@aol.com](mailto:mellenken@aol.com) or 802-453-5469.

Mail To: Rev. M'ellen Kennedy, 1655 Lincoln Gap Road, Lincoln, VT 05443