

# Healing and Transformation in Small Groups

Saturday, January 24<sup>th</sup>, 2015

9:30 AM to 4:30 PM

Registration, coffee starting at 9

Hosted by the Unitarian Universalist Congregation of Atlanta

1911 Cliff Valley Way NE, Atlanta, GA 30329

Rev. Dr. M'ellen Kennedy, Leader

**WORKSHOP PURPOSE:** In the past decade many congregations have adopted Small Group Ministry (or Covenant Groups) to address the needs of friendship, spiritual growth and service in our congregations. The focus of our day will be exploring the question, "What leads to healing and transformation in small groups?" We'll cover topics such as inviting epiphanies; what is spiritual growth and what nurtures it; cultivating respect; creating a compassionate group environment; developing your presence as a facilitator; using all of our capacities as facilitators – heart and mind, left and right hemispheres. The workshop will help You enjoy facilitating more and make the group experience as transformational and revitalizing as possible for Yourself and the other participants. We'll end with how to bring this powerful work back to our congregations and out into our broken and beautiful world. If You have attended programs with Rev Kennedy in the past, this workshop has new material and focuses on the big picture of why and how this approach works and matters.

**WHO SHOULD ATTEND:** The workshop is intended for folks who would like an introduction to Small Group Ministry as well as those who are experienced facilitators who are eager to take the group experience to a higher level. It works very well to have in the mix new and more experienced members together.

**LEADER:** Rev. Dr. M'ellen Kennedy is passionate about the power of Small Groups to feed our souls and help heal our ills. Her doctoral dissertation at the University of Illinois was on worldview transformation in small groups. She has been involved with lay led small groups for over 30 years as a facilitator, trainer, organizer, researcher and writer. Participants love her workshops and come away with fresh perspectives on the power of small groups and with renewed enthusiasm about their work as facilitators. Rev. Kennedy is a co-founder of the UU Small Group Ministry Network, and started and served for four years as editor of the Small Group Ministry Quarterly. She lives in Vermont where she serves the Washington and Springfield Unitarian Universalist Churches.

**Fee, Registration, Childcare & Lunch:** The workshop fee, which includes an information packet for each participant, is \$35 for individuals and \$25 for seminarians. Please bring a sack lunch. Please register by January 21, 2015. Registration form is attached or downloadable at [www.uuca.org](http://www.uuca.org) and at [www.smallgroupministry.net](http://www.smallgroupministry.net). For childcare, reservations must be made 2 weeks in advance at the link below: <http://www.uuca.org/children/childcare/childcare-reservation-form>

REGISTRATION FORM FOR

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NAME \_\_\_\_\_

MAIL ADDRESS \_\_\_\_\_

\_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_

CONGREGATION / SEMINARY/CITY \_\_\_\_\_

NUMBER OF YEARS YOU'VE BEEN FACILITATING \_\_\_\_\_

WHAT, IF ANY, PRESSING QUESTION, ISSUE, OR IDEA DO YOU BRING?

PLEASE NOTE SPECIAL NEEDS: \_\_\_\_\_

*Please fill out a separate registration form for each participant*

FEE: The workshop fee, which includes an information packet, is \$35 for individuals and \$25 for seminarians (scholarships may be available, participation is free for UUCA members). Please bring a sack lunch or a potluck dish to share. The registration deadline is January 21, 2015. **Checks should be made out to "Rev. M'ellen Kennedy" with "Small Group Ministry Workshop" in the memo line.** You may scan the registration form and email it to [jessica.seales@uuca.org](mailto:jessica.seales@uuca.org) or mail it to Jessica Seales, Director of Congregational Life, UU Congregation of Atlanta, 1911 Cliff Valley Way, NE, Atlanta, GA 30329-2420. For childcare, reservations must be made 2 weeks in advance at the link below: <http://www.uuca.org/children/childcare/childcare-reservation-form>

QUESTIONS? Contact Rev. M'ellen Kennedy at [mellenken@aol.com](mailto:mellenken@aol.com) or 802-377-2999.

TOTAL enclosed: \_\_\_\_\_ for \_\_\_\_\_ participants.