

Healing and Transformation in Small Groups

Saturday, November 1st, 2014

9:30 AM to 4:30 PM

Registration, coffee and light snacks starting at 9

Hosted by the Springfield Unitarian Universalist Church

21 Fairground Road, Springfield, VT 05156

Rev. Dr. M'ellen Kennedy, Leader

WORKSHOP PURPOSE: In the past decade many congregations have adopted Small Group Ministry (or Covenant Groups) to address the needs of friendship, spiritual growth and service in our congregations. The focus of our day will be exploring the question, "What leads to healing and transformation in small groups?" We'll cover topics such as inviting epiphanies; what is spiritual growth and what nurtures it; cultivating respect; creating a compassionate group environment; developing your presence as a facilitator; using all of our capacities as facilitators – heart and mind, left and right hemispheres. The workshop will help You enjoy facilitating more and make the group experience as transformational and vitalizing as possible for Yourself and the other participants. We'll end with how to bring this powerful work back to our congregations and out into our aching, broken world. If You have attended programs with Rev Kennedy in the past, this workshop has new material and focuses on the big picture of why and how this approach works and matters.

WHO SHOULD ATTEND: The workshop is intended for folks who would like an introduction to Small Group Ministry as well as those who are experienced facilitators who are eager to take the group experience to a higher level. It works very well to have in the mix new and more experienced members together.

LEADER: Rev. Dr. M'ellen Kennedy is passionate about the power of Small Groups to feed our souls and help heal our ills. Her doctoral dissertation at the University of Illinois was on worldview transformation in small groups. She has been involved with lay led small groups for over 30 years as a facilitator, trainer, organizer, researcher and writer. Participants love her workshops and come away with fresh perspectives on the power of small groups and with renewed enthusiasm about their work as facilitators. Rev. Kennedy is a co-founder of the UU Small Group Ministry Network, and started and served for four years as editor of the Small Group Ministry Quarterly. She lives in Vermont where she serves the Washington Unitarian Universalist Church.

Fee, Registration & Lunch: The workshop fee, which includes an information packet for each participant, is \$35 for individuals and \$25 for seminarians. Please bring a sack lunch or a potluck dish to share. Please register by October 29, 2014. The registration form is attached or downloadable at www.uuspringfieldvt.org.

REGISTRATION FORM FOR

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NAME _____

MAIL ADDRESS _____

EMAIL _____ PHONE _____

CONGREGATION / SEMINARY/CITY _____

NUMBER OF YEARS YOU'VE BEEN FACILITATING _____

WHAT, IF ANY, PRESSING QUESTION, ISSUE, OR IDEA DO YOU BRING?

PLEASE NOTE SPECIAL NEEDS: _____

Please fill out a separate registration form for each participant

FEE: FEE IS WAIVED FOR MEMBERS OF THE SPRINGFIELD UU CHURCH. The workshop fee, which includes an information packet, is \$35 for individuals and \$25 for seminarians (scholarships available). Please bring a sack lunch or a potluck dish to share. . Registration deadline is October 29, 2014. **Checks should be made out to "Rev. M'ellen Kennedy" with "Small Group Ministry Workshop" in the memo line.** Please send to Springfield UUC, PO Box 944, Springfield, VT 05156

QUESTIONS? Contact Rev. M'ellen Kennedy at mellenken@aol.com or 802-453-5469.

TOTAL enclosed: _____ for _____ participants.