MINI-COVENANT GROUPS

from Alicia Hawkins First Unitarian Church of Albuquerque

Mini-covenant groups are offered four times a year at First Unitarian Church of Albuquerque. They are designed for those new to the idea of SGM to learn more about the experience of connecting with others beyond the "coffee hour" level. They allow participants to have a taste of what the covenant experience is all about without committing to a regular group.

The mini-covenant groups are perfect for someone who has heard about the groups, but isn't sure SGM is a good fit for them. Many groups go beyond the initial commitment and become a regular group. Each mini-covenant group meets for three sessions and is led by an experienced facilitator. The three sessions are: Sharing Our Histories, Being in Community, and Finding our Place. Each session includes homework for participants, a session plan for the meeting, and a Leader's Guide.

People new to our churches are hungry for the kind of community Covenant Groups offer. A mini-covenant group is an easy way for people to get a taste of the richness that covenant groups can bring into their lives.

Editor's note: Sessions are available at covenant@uuabq.org. and soon on the UU SGM Network website, www.smallgroupministry.net.

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