## Small Groups for Children A Covenant

From Kathy Cronin, Director of Lifespan Religious Education Eno River Unitarian Universalist Fellowship, Durham, NC Small Group Ministry Journal, Fall 2012/Winter 2013

**Method:** On a easel pad, draw a large person with the stated body parts. Explain the promises using the picture as a guide. Review weekly. Eventually the children will be able to remember the promises themselves.

**Head:** Open your mind to exploring things you do not know or people you do not know.

Eyes: Make eye contact with others when they speak and when you speak.

**Ears:** Listen when others are speaking.

**Lips:** One person speaks at a time.

Talk about what you think and feel.

Ask for what you need.

**Heart:** Open your heart and be kind, treat others as you

would like to be treated.

**Hands:** Offer a helping hand when someone asks for your help.

**Legs:** Try to understand what a person is saying by walking in that person's shoes.

-Taken from the Small Group Ministry Network Journal, Fall 2012

