

SINGING IN SMALL GROUPS

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Should we sing in small groups?

If you are in SGM at San Jose the answer is yes. In San Jose, we think of what happens in SGM as an alchemical process. Singing turns up the heat to allow transformation to take place. When a session has been particularly emotional, the singing can provide a release valve. Another reason to sing is to reinforce that these small group sessions are worship.

Is singing only for the talented?

Part of the experience of small groups is about risk. Risk is sharing our less than perfect selves. Singing together is a part of that risk. In my own small group, I find that the singing is most important to those with the least singing abilities. When a group of women first added their first man, it was in the singing that the new richness was first noted.

My group refuses to sing, what can we do?

For groups that are truly uncomfortable with singing, try chanting the words. In your monthly leader gatherings practice new songs that are coming up.