

COME TO TASTE OF SMALL GROUP TODAY 11:45 AM TO LEARN MORE ABOUT OUR PROGRAM!

We'll explore a thought-provoking topic through guided listening & sharing in just 30 minutes. (Childcare provided)

-FALLSESSION-

4 GROUPS WILL MEET OCTOBER 26-DECEMBER 7 (no meeting Thanksgiving week) Sunday 6-8 pm, Tuesday 7-9 pm Friday 10-am-12 pm, Friday 1-3 pm

TOPICS: Mindful Listening/Covenanting, Friendship, Honesty, Gratitude, Compassionate Assertiveness, Comfort & Joy

> Sign up for Small Group Ministry at Coffee Hour today or contact the church office 978-448-6307 office@uugroton.org

WHAT IS SMALL GROUP MINISTRY?

Small group ministry at First Parish Church of Groton, and many other Unitarian Universalist churches, is about fulfilling two human hopes for deep connection, where we can be truly known and accepted for who we are and for spiritual exploration, time to reflect on issues of profound significance in our lives.

People gather in groups of 6 with two co-coaches to talk, listen, think and share thoughts and feelings about some of life's most important questions. Groups are structured and focused to allow people to go deeper—within ourselves, in our connections to one another, and in our understanding of what is sacred.

Each session includes a chalice lighting, a thought -provoking introduction to the session topic, time for honest reflection, then an opportunity to share in an atmosphere of respectful listening. Participants covenant for confidentiality and are asked to attend all sessions.

Come now, come often! A Small Group Ministry Working Team meets to design Fall and Spring session curriculum. Small groups are open to all adults and older teenagers and childcare can be provided.

