

Unitarian Universalist Small Group Ministry Network Website

Dinner Guests

Unitarian Universalist Fellowship of Raleigh, NC, Chris Abbate, October 25, 2021

Chalice Lighting & Opening Words:

May the light of this chalice remind us to be here now, in the present moment - to know that this moment is enough just as it is, that we are enough, just as we are, and that the Eternal spirit sustains us no matter how often our own spirits may flicker or falter.

Check-In

Quotes

All great change in America begins at the dinner table ~ Ronald Regan

Growing up, I learned life's important lessons at the dinner table ~ Chef John Besh

If the home is the body, the table is the heart, the beating center ~ Shauna Niequist

Strange to see how a good dinner and feasting reconciles everybody ~ Samuel Pepys

After a good dinner one can forgive anybody, even one's own relations ~ Oscar Wilde

Family dinner. Seven-thirty sharp. Tie optional. Straight-jacker required ~ Alyson Noel

The tradition of the Sunday feast accomplishes more than just feeding us. It nurtures us. ~ Chef John Besh

Some of the most important conversations I've ever had occurred at my family's dinner table ~ Bob Ehrlich

You should sit with your family at dinner for 15-minutes a day... Unless you're busy, then you should sit for an hour ~ anonymous

The dinner table always served as a reminder that we're connected to each other and to life itself ~ anonymous

Questions for Discussion:

If you could choose 3 historical or public figures, either living or deceased, to invite to a dinner, who would you choose and why?

If you could choose 3 personal connections such as family members, ancestors, or friends, either living or deceased, to invite to a dinner, who would you choose and why?

What would you discuss with them, individually or as a group?

What would you want to tell them about yourself, or want them to know about you?

What would you ask them, individually or as a group?

Closing Thought:

From George Odell

We need one another when we mourn and would be comforted.

We need one another when we are in trouble and afraid.

We need one another when we are in despair, in temptation, and need to be recalled to our best selves again.

We need one another when we would accomplish some great purpose, and cannot do it alone.

We need one another in the hour of success, when we look for someone to share our triumphs.

We need one another in the hour of defeat, when with encouragement we might endure, and stand again.

We need one another when we come to die, and would have gentle hands prepare us for the journey.

All our lives we are in need, and others are in need of us.