

Do You Believe in the Concept of Karma, in the sense of cause and effect?

Kitsap Unitarian Universalist Fellowship, Bremerton, WA, Rev. Liz Stevens, 2006-2007

Opening Reading: “Karma Repair Kit”: Richard Brautigan

1. Get enough food to eat, and eat it.
2. Find a place to sleep where it is quiet, and sleep three.
3. Reduce intellectual and emotional noise until you arrive at the silence of yourself, and listen to it.

Discussion Questions:

Do you believe in karma? Why or why not?

For those who do not believe in a judging God, is karma a necessary concept to embrace to ensure moral responsibility?

Do you think we come into our life with some pre-existing karma baggage? If so, what was yours?

When you do something kind or generous, are benefits that go beyond karma or concrete, tangible self-interest?

Closing Reading: “It is I Who Must Begin” by Vaclav Havel

It is I who must begin. Once I begin, once I try – here and now, right where I am, not excusing myself by staying things would be easier elsewhere, without grand speeches and ostentatious gestures, but all the more persistently -- to live in harmony with the “voice of Being,” as I understand it within myself
-- as soon as I begin that, I suddenly discover, to my surprise, that I am neither the only one, nor the first, nor the most important one to have set out upon that road.

Whether all is really lost or
not depends entirely on
whether or not I am lost.