

Circle Ministry Session Plan

Forgiveness

Rev. Jan Carlsson-Bull for Circle Ministry at First Parish UU Cohasset, MA, 8/8/2013

Note: See the Circle Ministry Session Sequence for process guidelines.

Gathering, Welcoming (2 minutes)

Chalice lighting (1 minute)

Opening reading (1 minute)

Forgiveness is a mixed and messy bag. In the Second Testament's Gospel According to Luke, we read one of the many stories that Jesus used to teach:

“Then Jesus said, ‘There was a man who had two sons. The younger of them said to his father, ‘Father give me the share of the property that will belong to me.’ So he divided his property between them. A few days later the younger son gathered all he had and traveled to a distant country, and there he squandered his property in dissolute living. When he had spent everything, a severe famine took place throughout that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who sent him to his fields to feed the pigs. He would gladly have filled himself with the pods that the pigs were eating; and no one gave him anything. But when he came to himself he said, ‘How many of my father’s hired hands have bread enough and to spare, but here I am dying of hunger! I will get up and go to my father, and I will say to him, ‘Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me like one of your hired hands.’ So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Then the son said to him, ‘Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.’ But the father said to his slaves, ‘Quickly, bring out a robe—the best one—and put it on him; put a ring on his finger, and sandals on his feet. And get the fatted calf and kill it, and let us eat and celebrate; for this son of mine was dead and is alive again; he was lost and is found!’ And they began to celebrate.”

(Luke 15:11-24)

Check-in/Sharing (3-4 minutes@ - 30-40 minutes)

Discussion (60 minutes)

[See Circle Ministry Session Sequence as a reminder of the structure of this segment.]

First response

Cross-conversation

Concluding statements

Topic: Forgiveness

Forgiveness is a mixed and messier bag. Jesus had more to say:

“Now his elder son was in the field; and when he came and approached the house, he heard music and dancing. He called one of the slaves and asked what was going on. He replied,

‘Your brother has come, and your father has killed the fatted calf, because he has got him back safe and sound.’ Then he became angry and refused to go in. His father came out and began to plead with him. But he answered his father, ‘Listen! For all these years I have been working like a slave for you, and I have never disobeyed your command; yet you have never given me even a young goat so that I might celebrate with my friends. But when this son of yours came back, who has devoured your property with prostitutes, you killed the fatted calf for him!’ Then the father said to him, ‘Son, you are always with me, and all that is mine is yours. But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.’”
(Luke 15:25-32)

Youthful rebellion, loyalty, ill fortune, sudden awareness, possibility, repentance, forgiveness, reconciliation, sibling rivalry, righteousness, self-righteousness, and the witness of slaves all find voice in this story. Take a few moments of silence to find your own voice in response to a couple of questions that connect this story with our own experience.

1. Who do you most easily relate to in this parable? Why do you feel this is so—in terms of a story from your own experience? From this vantage point, what does forgiveness feel like?
2. I wonder how many of you identified with the “hired hand” or the slave who was expected to be subservient throughout. When the elder son wanted to know what all the to-do was about, he asked a slave. Imagine that you are the slave, the one who bore witness. What does forgiveness look like to you?

[You may want to read both questions and then proceed in phases, question by question.]

What concluding thoughts would you like to share?

Feedback (15 minutes)

Thank the group.... Ask what they liked and what variations they would hope for.

Explain that for the next session, we’ll do something different and consider the topic “Dancing.”

Note that the session plan for this gathering is available for group members as we leave.

Closing (1 minute)

Go in possibility, ever growing as one who forgives, one who is forgiven, and one who looks on, ever growing as a community of faith with ears to hear, eyes to see, minds to open, and hearts to understand.

Circle Ministry Session Sequence for Facilitators

First Parish Unitarian Universalist – Cohasset

The suggested sequence and time allocations spelled out below will help you who facilitate our Circle Ministry sessions to ensure that every participant will have a voice over the two-hour timeframe that comprises a Circle Ministry session.

Gathering, Welcoming (5 minutes)

During the **first meeting** of your group, you might want to offer clarification on questions that people have raised:

How long do the groups meet? We're asking that each of the initial groups commit to meeting at least through May. At that time or before, you can each decide whether you want to continue in this group, move to another group, or not continue.

Why a designated facilitator and a co-facilitator? As similar groups have met in other congregations, facilitators provide assurance that each person has a voice, that we stay on topic, and that we sustain respectful dialogue. Even experiences at First Parish have taught us that groups without designated facilitators tend to fray. There are exceptions; but this is the general learning. The structure provided by facilitators is ultimately satisfying for everyone.

Introduce your co-facilitator. Clarify that this person will step in if you can't be there, and if additional congregants want to join groups and there aren't enough open spaces, s/he stands ready to be the lead facilitator for this new group.

Where will we meet regularly?

This first meeting is at [facilitator or co-facilitator]'s home. For our subsequent sessions, we're asking that one of you volunteer to be a home host. That's all you have to do! Don't clean your house for us. Don't prepare refreshments. Just open your door and welcome us in. By the end of this evening's session, I hope we'll have a home host.

How can we ensure respectful dialogue and the structure that was introduced about Circle Ministry? Our focus next week will be a behavioral covenant. I'll provide a basic covenant, and we'll go from there.

You'll continue to have questions. Toward the end of each session there will be a time to raise them.

Chalice lighting (1-2 minutes)

Check-in/Sharing (2-3 minutes@ - 20-30 minutes)

Ask each person to share **what's on their mind and heart**. You may wish to have a timekeeper to gently remind anyone who moves beyond the allotted check-in time that their sharing is valued and we need to ensure a voice for everyone. If the speaker persists, ask her/him firmly and respectfully to conclude. IF as the sessions unfold, someone arrives who has had a particularly rending experience, decide as a group your willingness to give this person extra time.

NO feedback, NO cross-talk during this segment. Simply be with each other in deep listening.

“Business” matters (up to 10 minutes)

**At year’s beginning, review Behavioral Covenants and session structures.
Later in the year, you’ll want to discuss and plan your service projects.**

Discussion (60 minutes)

Introduce the topic and the questions (2 minutes)

Ask folks to **pause and ponder** this in a period of silence. (2 minutes)

First response: Ask folks to register their initial thoughts—in random order, but with **no feedback** during this segment.

Then: Cross-conversation. IF one person dominates, gently remind that person that we need to allow time for every group member to speak.

Conclude discussion with request for **final statements/last thoughts on this topic**—in random order, but with **no feedback**.

Feedback (5-10 minutes)

Ask participants **what they liked** about this session. **What would they change? How?**
Take note during succeeding sessions of **who isn’t present**. Let the other members know that you’ll follow up to determine if all is well or not. Remind members that if they absolutely can’t make a session, to please let you know.

Closing (2 minutes)

Note: Have copies of the session available for participants at the conclusion of each session, but don’t distribute them up front. If someone asks about having an outline in hand, explain that we all tend to connect more freely when we’re not tied to a paper.

Thank you!

You are a valued leader in Circle Ministry as it unfolds within our faith community!