# Unitarian Universalist Small Group Ministry Network Website **Group Member Goodbye**

By Marc Silling, Eno River UU Fellowship, Durham, NC, July, 2018

## **Chalice Lighting/ Opening Words:**

A life is like a garden. Perfect moments can be had, but not preserved, except in memory. Leonard Nimoy, American actor

### Check-in:

## Topic Introduction Group Member Goodbye

Today (member's name) and our covenant group say goodbye. The group we knew will be transformed as it takes a new form.

- There are various kinds of goodbyes
  - Goodbyes that are temporary A person leaves but we will see him/her again at some other time
  - Situations where there is no choice but to say a goodbye that is forever
  - o Choices that are made that remove a person from our lives in some way
  - There are goodbyes to groups of people when someone leaves and changes the group.
- There are consequences to goodbye hope and grief

### **Questions:**

- What makes a good goodbye for you?
- Can you think of a time you had to say goodbye to someone or something and think it was "a good goodbye"?
- Is there a goodbye in your past you'd like to have done differently?
- Is there something you would like to share with (member's name) about your experience of her/him in our covenant group?
- (Member's name) would like to share with the group what she/he will miss.

**Connections & Responses:** This is a time to supportively respond to something another person has said or to relate additional thoughts that may have occurred as others shared.

**Likes & Wishes:** How was this session for you? What will you take away from our time together?

# **Closing Words and Chalice Extinguishing:**

"Don't cry because it is over. Smile because it happened." Theodor Seuss Geisel, American Writer "Dr. Seuss"

"No man ever steps in the same river twice, for it is not the same river and he is not the same man." *Heraclitus*