

## Unitarian Universalist Small Group Ministry Network Website

### How Do You Begin?

Towson Unitarian Universalist Church, Lutherville, MD, Robin Sinn, January 9, 2017

It's a new year -- that time when we're asked to think about new beginnings, fresh starts, and do-overs. Here's a chance to think about and discuss how we go about those beginnings. Do you jump right in and hope for the best or do you create a detailed plan? Does the start of a new project excite you, or is it a little bit scary?

#### Chalice Lighting

If we wait for the moment when everything, absolutely everything is ready, we shall never begin. – Ivan Turgenev

#### Check in

Please share a joy or concern that will let you focus on our time this evening.

#### Readings

"Begin at the beginning," the King said, very gravely, "and go on till you come to the end: then stop." - Lewis Carroll, *Alice in Wonderland*

The journey of a thousand miles begins with a single step. — Lao Tzu

Visualize this thing you want. See it, feel it, believe in it. Make your mental blueprint and begin. — Robert Collier

#### Discussion prompts

What motivates you to begin something new?

How do you plan (or not) for the start of a new effort or project?

How do you feel when you begin something new?

Do you have any rituals or habits around beginnings?

#### Closing