

Personal Transformation

Towson Unitarian Universalist Church, Lutherville, MD, Robin Sinn, October 10, 2016

Chalice Lighting

Life is a moving, breathing thing. We have to be willing to constantly evolve. Perfection is constant transformation.

Nia Peeples

<http://www.brainyquote.com/quotes/quotes/n/niapeeples572116.html>

Check In

This is a time for each person to make a brief statement about what's on their mind, in order to release it and focus on our topic. You can pass if you don't wish to speak.

Readings

Personal transformation can and does have global effects. As we go, so goes the world, for the world is us. The revolution that will save the world is ultimately a personal one.

Marianne Williamson

<http://www.brainyquote.com/quotes/quotes/m/mariannewi401955.html>

You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have charge of.

Jim Rohn

<http://www.brainyquote.com/quotes/quotes/j/jimrohn133626.html>

Prompts

How much can personal change impact the world around us?

How continuous can personal change be?

What are the obstacles to personal change for you?

How have you dealt with times of personal change?

Closing

Social revolutions and group revolutions are good, and we need that, but we also need personal revolution - revolution within ourselves that change who we are as people.

Ziggy Marley