

Unitarian Universalist Small Group Ministry Network Website
SMALL GROUP SESSION
PROBLEMS AND GIFTS
By the Rev. Glenn H. Turner

OPENING WORDS & CHALICE LIGHTING:

“If we had no winter, the spring would not be so pleasant;
if we did not sometimes taste of adversity, prosperity would
not be so welcome.” Anne Bradstreet

CHECK IN: (40 - 50 minutes)

What you share may be about your physical or spiritual health, cares or concerns for loved ones, issues you are facing.

Each person in the group speaks uninterrupted, if time remaining, general response and conversation is welcome. Confidentiality.

FOCUS: Problems and Gifts

“There is no such thing as a problem without a gift for you in its hands. You seek problems because you need their gifts.”

- Richard Bach, *“Illusions”*

Discussion:

Can you think of the problems you’ve dealt with that held a gift for you?

Do you seek problems?

Are there times when a problem seems to have no gift attached?

LIKES AND WISHES

How did this session go for you? Is there anything you’d like to call particular attention to?

CLOSING WORDS:

“It’s a good thing to have all the props pulled out from under us occasionally. It gives us some sense of what is rock under our feet, and what is sand.” - Madeleine L’Engle