Unitarian Universalist Small Group Ministry Network Website SMALL GROUP SESSION

QUESTIONS AT THE END OF THE DAY -- A SNAP QUIZ - Part I

Glenn Turner, First Unitarian Universalist Church, Auburn, ME

OPENING WORDS & CHALICE LIGHTING:

"What if we were to pause,

to take stock of the day -

at first glance a list, that rush of:

meals, appointments, shopping, calls, work?

What if we were to pause,

and consider what really happened,

taking time for reflection,

mining the ore inside the scattered stones?

What if we were to pause,

to ponder the nuances of spoken words,

to feel the yearnings and savor the closeness

of colleagues and friends?

Each day it's that, or a drink, or the news,

or bed. Unless we paused."

GHT

CHECK IN: (40 - 50 minutes)

What you share may be about your physical or spiritual health, cares or concerns for loved ones, issues you are facing.

Each person in the group speaks uninterrupted, if time remaining, general response and conversation is welcome. Confidentiality.

FOCUS: "Questions at the End of the Day"

- from "To Bless the Space Between Us" by John O¹Donohue
- "Where did my eyes linger today?"
- "Where was I blind?"
- "Where was I hurt without anyone noticing?"
- "What did I learn today?"
- "What new thoughts visited me?"

(all questions posed by John O¹Donohue)

LIKES AND WISHES

How did this session go for you? Is there anything you'd like to call particular attention to?

CLOSING WORDS:

what I know

is my saddle to ride the wild horse of life

sometimes I ride bareback

my questions give me spurs toward undefined paths

a bridle would limit both

marrowless teachings

grow skeletal prisons

an snswer¹s greatest contribution

is to incite you to other questions

- Carolyn Kleefeld

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QUESTIONS AT THE END OF THE DAY -- A SNAP QUIZ - PART II

Glenn Turner, First Unitarian Universalist Church, Auburn, ME

OPENING WORDS & CHALICE LIGHTING:

As I walk'd by myself, I talk'd to myself

And myself replied to me;

And the questions myself then put to myself,

With their answers I give to thee.

- Bernard Barton, Colloquy with Myself, appeared in "Youth's Instructor", Dec. 1826

CHECK IN: (40 - 50 minutes)

What you share may be about your physical or spiritual health, cares or concerns for loved ones, issues you are facing.

Each person in the group speaks uninterrupted, if time remaining, general response and conversation is welcome. Confidentiality.

FOCUS: Questions at the End of the Day - Part II

- from "To Bless the Space Between us" by John O¹Donohue

"What did I begin today that might endure?"

"What differences did I notice in those closest to me?"

"Whom did I neglect?"

"Where did I neglect myself?"

"How were my conversations?"

(all questions posed by John O¹Donohue)

LIKES AND WISHES

How did this session go for you? Is there anything you'd like to call particular attention to?

CLOSING WORDS:

"May you travel in an awakened way, Gathered wisely into your inner ground; That you may not waste the invitations Which wait along the way to transform you.

May you travel safely, arrive refreshed, And live your time away to its fullest; Return home more enriched, and free To balance the gift of days which call you."

- from John O¹Donohue¹s "To Bless the Space Between Us"