

## **Rules for Living**

Kitsap Unitarian Universalist Fellowship, Bremerton, WA, Rev. Liz Stevens, 2006-2007

### **Opening Reading:** Excerpts from the Ten Considered Convictions (Rev. Dick Gilbert)

1. The cosmos does not make junk. Creation is fundamentally good. Walk gently upon the earth as you would be a good guest in a neighbor's house.
2. People are precious. Be gentle with your neighbor—none of us knows what it is like to be another. Walk a mile in their moccasins.
5. Doing good is not about keeping score. Affirm the importance of being good for nothing. Do good for its own sake.
6. Let the inner and the outer person be the same. Be honest with yourself.
10. "Do unto others 20 percent better than you would have them do unto you—20 percent to correct for subjective error.

### **Discussion Questions:**

Do you have rules for living that you follow? What are they?

When have you broken the rules? Why? What happened?

If sometimes it's the right thing to do to break the rules, why have rules in the first place?

### **Closing Reading:**

John Wesley:

Do all the good you can  
In all the ways you can,  
In all the places you can,  
At all the times you can,  
To all the people you can,  
For as long as ever you can.