

Sapere Aude Session Plan for December 8, 2010

“THE GOOD WE DO!”

First Unitarian Universalist Society of Burlington, Vermont. Prepared by Adam Bortz

Welcome and Chalice Lighting

“Good’ is what we call all free human actions that preserve, honor, and promote all forms and instances of life...”

Source: *God Is the Good We Do* by Michael Benedikt

Brief Check-ins: Limited if more than 6 attend.

Opening Readings:

“Together with explaining and motivating the good, there is finally a third process in the analysis, namely, showing what 'good' means by doing it in the presence of others. After all, we teach a great deal by (our) example, whether or not we intend to... Children learn what good is mainly by seeing and feeling good things done around them: acts of love, courage, forbearance, creativity, and so on. They learn what goodness is this way long before they learn what goodness is intellectually, or take moral initiatives.”

By: *God Is the Good We Do* by Michael Benedikt

A Silent Moment....

Main Subject: What do you consider is the “good” that you do?

1. What is your reason for doing those “good” actions?
2. When do you remember first engaging in a “good” action?
3. Do you think that there is a common understanding of “good” actions?
4. If not, is there any way that you believe they can be made “common?”
5. If yes, how do you think this understanding evolved?

Individual communing: 6 minutes per individual, 3 minutes of group response.

Open Discussion (facilitated by Adam)

Discussion about changing our meeting time.

Business:

Next meeting location:

Meeting Plan author: _____

Closing

“For centuries we have, at best, promoted human flourishing at the expense of any and all other forms of life. At worst we have promoted only our own flourishing as individuals, as communities, and as nations against all others. The rise to environmentalism in the late 20th century together with the notion of animal rights, the growing recognition of the economic interdependence of nations, the proliferation of intelligence-assistive technologies, and the resurgence of interest in what religion – call it true religion or enlightened religion – can offer, give us reason for hope.”

By: *God Is the Good We Do* by Michael Benedikt