

What Is Your Center?

First Unitarian Church of Wilmington, Delaware, by Rev. Michelle Collins, 2014

Note: You will need a way to show the video clip.

Chalice Lighting, by Annie Dillard

We are here to abet creation and to witness to it,
to notice each other's beautiful face and complex nature
so that creation need not play to an empty house.

Check In

Reading: Clip from *Rise of the Guardians: What is Your Center?*

<https://www.youtube.com/watch?v=8k8s0JyzJsk>

Discussion & Sharing Questions:

- If you had a nesting doll representing you, what would we find on some of the layers?
- What do you especially bring into the world and share with other people?
- What does it mean for something to be your center? What would you say that yours is?
- Tell about a time when this center was especially important or influential for something that you did.
- Has this center changed for you over the course of your life? How has your awareness of it changed?

Closing Thoughts

Extinguishing the Chalice