

A Work of Art

Chalice Circle Facilitators' Session

Unitarian Universalist Church of Palo Alto, CA, Rev. Amy Zucker Morgenstern, January 2012

NOTE: *Invite participants to bring a piece of visual art that is meaningful to them, or an image of it.*

Chalice Lighting Erik Heller-Wagner

Blessed is the fire that burns deep in the soul. It is the flame of the human spirit touched into being by the mystery of life.

Check-in *How is it with your spirit? What have been the high points and low points in your life since we last met?*

Viewing each other's art

We'll take some time to pass them around or walk around and look at them, to get some familiarity with the images people brought to share

Sitting in Silence

Some questions you may want to contemplate:

- ♥ Why did you choose this piece to share?
- ♥ What does it mean to you?
- ♥ How does it make you feel?
- ♥ What does it make you think about?

Sharing/Deep Listening *During this sharing, we will listen deeply without response or thought of response, as a gift to each other and ourselves.*

Sharing Together *This is a time to respond briefly to something another person said or to relate additional thoughts that may have occurred as others shared.*

If Session is used for Facilitators' Group

Tending the Groups *What's happening in your group? Do you have any questions that the rest of us may be able to help with?*

Specific focus questions: How are the ground rules serving you? Have they changed? Are people keeping to them? Do others besides you remind everyone of them when needed?

Singing: "From You I Receive" (Joseph and Nathan Segal, #402 in *SLT*)

From you I receive, to you I give,
Together we share, and from this we live.

Extinguish the Chalice