Unitarian Universalist Small Group Ministry Network Website SMALL GROUP SESSION

WORSHIP

By the Rev. Glenn H. Turner

OPENING WORDS & CHALICE LIGHTING:

"Here we are reminded of mystery and of holy things, of our finite nature' of a love of God possible only in love for one another.

A silent music moves among us, a fragrance of invisible flowers.

A song of praise rises from the darkness of our being.

So we are silent, silent together, until the silence deepens to a wordless prayer."

adapted from Jacob Trapp

CHECK IN: (40 - 50 minutes)

What you share may be about your physical or spiritual health, cares or concerns for loved ones, issues you are facing.

Each person in the group speaks uninterrupted, if time remaining, general response and conversation is welcome. Confidentiality.

FOCUS: "Worship"

"Worship," writes Jacob Trapp, "is the mystery within us reaching out to the mystery beyond." Something draws us to this ancient communion of hearts and minds. Something in us is searching for sustenance for the soul.

Discussion:

How do you experience worship?

What do you want to experience in a worship service?

What feelings in you do you want tapped, or affirmed, evoked, or supported?

What are the elements of worship that you find most helpful?

LIKES AND WISHES

How did this session go for you? Is there anything you'd like to call particular attention to?

CLOSING WORDS:

"....may we grow to know and cherish

that unity which in each moment warms our hearts, flowing from each to each, making us, part with part, a wholeness we could never be alone.

Thus may we find a kinship with all life, reaching across all barriers of race, philosophies and creeds, making us one with everything that lives from the inmost atom to the brightest star." adapted from Robert Weston